

3 Pause and reflect

Reflective music

The Holy Spirit gives us the gift of reverence so that we treat God, other people, ourselves and the environment the right way. And so we begin by making the Sign of the Cross.

"In the name of the Father,
and of the Son and of the
Holy Spirit. Amen."

We light a candle to welcome the presence
of Jesus among us.

Read the following quotes and
share your thoughts:

*We are not some casual and
meaningless product of evolution.
Each of us is a thought of God.*

Pope Emeritus Benedict XVI

*"It is God who gives life.
Let us respect and love human life,
especially vulnerable life in a
mother's womb."*

Pope Francis



Scripture reading:

Psalms 139: 16–17

You saw me before I was born
Every day of my life was recorded
in your book.

Every moment was laid out
before me as day had passed.

How precious are your thoughts,
O God? They cannot be counted.

Ponder: What does this text mean to you?
What does this text mean to you?

A Baby's Prayer

Dear Lord, I am so newly born
I do not know my name.
I do not even know yet, Lord,
if I am glad I came.

Grant me the time to grow in love
Rejoice that I am here.

Bless those who make me warm
Lord, keep my mother near.

Doro

4 Sing

'Love is his word, love is his way

[Celebration Hymnal for Ever