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■ Physical

Learning intention To describe how we should treat others making links with the diverse modern society we live in

Introduction and content

Pope Francis frequently reminds us of the Golden Rule: 'Treat others as you would like them to treat you.'

"This Rule points us in a clear direction. Let us treat others with the same passion and compassion with which we want to be treated. Let us seek for others the same possibilities which we seek for ourselves. Let us help others grow, as we would like to be helped ourselves. In a word, if we want security, let us give security; if we want life, let us give life; if we want opportunities, let us provide opportunities.

The yardstick we use for others will be the yardstick which time will use for us. The Golden Rule also reminds us of our responsibility to protect and defend human life at every stage of its development."

In the world that we live in every person is different and unique and we should celebrate these differences. We recognise and respect that there are different types of family structure and families of all types can be characterised by love, security and stability.

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Questions to consider

- 1) How do we respect others, even when they are different from ourselves: physically, ethnically, culturally or in religious beliefs?
- 2) How might these differences change over time as we grow?
- 3) In what ways can we expect to be treated with respect by others and in turn show them the same respect?
- 4) How can we challenge the stereotypes that encourage bullying of all kinds?
- 5) How could daring a friend to do something you would not like to do challenge the Golden Rule 'treat others as you would like them to treat you'?
- 6) Is it the right thing to pressurise someone into doing something they would not be comfortable doing? E.g. keeping a secret that is not right to keep.
- 7) How can we recognise the innate dignity of every person and ask God to help us to see it?