

2

1 Questions to consider

- 1) What makes us feel safe in our families, in our friendships and in our wider communities?
- 2) In what ways might you feel unsafe, and when is it not right to keep a secret?
- 3) Who would you go to if you were worried or felt unsafe?
- 4) What would you do if you were worried about another person whom you considered being unsafe?
- 5) Do you know how to ask for help and the appropriate people you can talk to?
- 6) How can we use the internet and digital devices safely at home? In school? And with our friends? Is all the information that we see online true? Who can we talk to, to check if what we are seeing is true?
- 7) What are the things that are harming our world and how can we try to stop them? Make links to *Laudato Si* and care of our common home.

"Let us learn to live with kindness, love everyone, even when they do not love us."

Pope Francis

2 Possible activities

- 1) Illustrate a number of scenarios where you feel safe and unsafe.
- 2) Write a letter to a friend describing what to do if they felt unsafe.
- 3) Create a 'Being Safe' poster for the classroom with instructions on what to do and who to contact if worried.
- 4) Show, in a method of your choice, how the internet and digital devices can be used safely to find things out and communicate with others.
- 5) Make a list of things that are harming our world and find a solution to try and improve the situation e.g. Pollution from cars; walk to school; address waste in our oceans and reduce the use of plastic.

3 Pause and reflect

Gathering music

Jesus tells us many times, "Do not be afraid." We thank Him for keeping us safe in His love as we make the Sign of the Cross.

"In the name of the Father,
and of the Son and of the Holy Spirit.
Amen"

We light a candle to remind us that Jesus our Friend is with us always.

Children gather in a circle and share one thing each enjoys living and belonging to different communities.

4 Prayer

Loving Father, Creator of all people and of creation.

Help us to see others as you see them: brothers and sisters in Jesus to be loved and respected at all times.

Amen.

Share sign of peace.

5 Sing

'He's got the whole world in his hand'

[Celebration Hymnal for Everyone]