

1 Questions to consider

- 1) Who is in my family?
- 2) How do families show love and care for one another?
- 3) What are some of the characteristics of a happy family?
- 4) How do we act with adults that are not in our family or those we do not know?
- 5) In what ways are we made in the image and likeness of God?
- 6) How does your family help you to keep healthy? Include physical, mental and spiritual health. Include taking care not to spread diseases e.g. washing hands, coughs and sneezes etc.

2 Possible activities

- 1) Paint and draw your family tree.
 - 2) Draw each member of your family, including yourself and even your pets. Cut them out, write their names on their backs and hang them to make a mobile.
 - 3) Create a set of responses for children to use with people when they feel unsafe.
 - 4) Draw around your hand and on each finger; write ways you have grown and changed.
 - 5) Identify, name draw and label each part of the body and say what part of the body is associated with each sense. Include vocabulary, as agreed with parents/carers during parental consultation, for external genitalia (e.g. penis, breasts, nipple, vagina, bottom, anus).
 - 6) Create a collage showing all the ways we can stay fit and healthy. Include all elements of discussion above e.g. physical activity, dental health, healthy eating, positive relationships etc.
 - 7) Why do you think our families set rules and regulations/ boundaries for their children to follow e.g. staying safe at home e.g. not using certain electrical appliances, not playing with matches, fire etc. setting bed times, restricting TV and digital use, how to cross the road safely and stay safe on the beach/swimming pool etc.
- Create posters showing some of these ideas on staying safe.

3 Pause and reflect

Gathering music

The Trinity is a celebration of love. Love begins in the Father; it is revealed to us in Jesus; it is poured out into our hearts through the Holy Spirit. We first encounter this love in our Baptism; we grow in it through the Mass, Holy Communion, through good lives and through prayer.

We ask God to keep us safe in His love as we make the Sign of the Cross.

"In the name of the Father,
and of the Son
and of the Holy Spirit.
Amen"

Assemble on the carpet.

Light a candle to welcome the presence of Jesus and arrange family pictures around it.

Prayer for all families:

Loving Father, thank you for my mum,
dad, brothers, sisters
and all who love and care for me.
You love me so much that you have my
name carved on the palm of your hand,
Amen.

(Isaiah 49:16)

4 Sing

'Sing a simple song unto the Lord.'

[Celebration Hymnal for Everyone, No. 644]