

YEAR ONE

We meet God's love in our family

AIM To focus on families and specially growing up in a loving, secure and stable home.

KEY WORDS unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breasts, nipple, waist, elbows, penis, vagina, vulva, bottom, anus, legs, knees, ankles, feet, toes.

SKILLS listening, observing, relating, speaking, respecting, praying, reflecting, understanding, recognising, supporting, celebrating, deciding.

■ Social and Emotional

Learning intention To recognise signs that I am loved in my family.

Introduction and content

Aristotle said that "the family is the first school of the child." Creating a happy family is both a great blessing and a demanding challenge. Relationships can never be taken for granted. At the heart of our Christian understanding of life is the belief that we are called to live with others and for others and it is by the love that we have for one another, everyone will know that we are disciples of Jesus. Pope Francis offers the following advice: *'In order to have a healthy family, three words are to be used: please, thank you, sorry! These words form the language of people who live not just for themselves, but for one another.'* – John Byrne, OSA

The experience of family life for children growing up is important because they share the 'give and take' of love, security and stability.