

■ Physical

Learning intention To recognise that we are all different and unique.

Introduction and content

We recognise that we are all made in the image and likeness of God because we can love, create, and truly choose good. We are capable of freely choosing to do well and to love. Human persons are not mere reactionary creatures but a creation that, like God, can choose to do good and to love one another. Human persons are also able to know and understand goodness and love. Human persons can mirror God in the manner we know, understand and love. The human person participates in the light and power of the divine Spirit. By his reason, he is capable of understanding the order of things established by the Creator. By free will, he is capable of directing himself toward his true good. He finds his perfection “in seeking and loving what is true and good” (*Catechism of the Catholic Church*, 1704). By virtue of his soul and his spiritual powers of intellect and will, man is endowed with freedom, an “outstanding manifestation of the divine image” (*Catechism of the Catholic Church*, 1705). www.catholic.com

Pope Emeritus Benedict XVI taught that each of us is the result of a thought of God. We are all different and must strive to recognise the importance of respecting others even when they are very different from us physically, in character, personality, background, make different choices or have different preferences or beliefs.

1 Questions to consider

- 1) Look at me – how am I different from you?
- 2) Look at you – how are you different from me?
- 3) What is it that makes us all different?
- 4) Why has God made us all different and special to Him?
- 5) How can we be friendly to others; make and keep friends, showing care and being generous when we are together?